



## Welcome to Athens

Welcome to the AAIA Hostel. We hope that you will enjoy your stay as our guest. This document contains important information regarding the Hostel's facilities, contact information that may be of use during your stay and details about the district, and guidelines that will make your stay more comfortable.

While you are in the hostel you are sharing with up to five other guests. Please be considerate in your use of the common spaces and facilities.

If you have any problems or any questions please contact:

Dr. Lita Tzortzopoulou-Gregory (AAIA Executive Officer-Athens)

Office: +30 210 924 3256 (M-F 9:00am-1:00pm-Athens time)

Mobile: +30 6945 742113 (at all times)

We hope that your stay is a comfortable one. If you have any comments or suggestions for the hostel please contact us at  
[arts.aaia@sydney.edu.au](mailto:arts.aaia@sydney.edu.au)

# **The Australian Archaeological Institute at Athens**

The Australian Archaeological Institute at Athens was established in 1980 following negotiations with the Greek government. The Institute is similar to other scholarly institutions in Athens maintained by major European and American countries. Some of these have been in existence for well over a century and Australia is most fortunate to be represented in this prestigious company. If you would like to become a member or renew your membership please contact the AAIA staff. The AAIA is deeply grateful to its members. The Institute receives no government funding. Without the support of its membership the AAIA could not continue its work.

## **Athens Staff**

**Acting Director:** Dr. Stavros Paspalas

**Executive Officer:** Dr. Lita Tzortzopoulou-Gregory

**Administrative Assistant:** Mrs. Panagiota Korompli

## **Contact Information**

**Office:** Zacharitsa 17

Koukaki, Athens 117 41

Greece

Tel: +30 210 924 3256

Mob: +30 6949 167 646

Fax: +30 210 924 1659

Email: [aaia@otenet.gr](mailto:aaia@otenet.gr)

Website: <https://aaia.sydney.edu.au/>

**Hostel:** Promachou 2

Makriyianni, Athens, 117 42

Greece

Tel: +30 210 923 6225 (for incoming calls)

**Sydney Office:** Madsen Building (F09)

University of Sydney, NSW 2006

Australia

Tel: +61 2 9351 4759

Fax: +61 2 9351 7693

Email: [arts.aaia@sydney.edu.au](mailto:arts.aaia@sydney.edu.au)

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## Useful Contact Information

### Australian Embassy

Level 6, Thon Building  
Cnr Kifisas & Alexandras Ave  
Ambelokipi, Athens 115 23  
(closest Metro: Ambelokipi)

#### Postal Address:

Australian Embassy  
P.O. Box 14070  
Ambelokipi  
Athens 115 10

#### Open Monday to Friday

Counter: 8:30am to 3:30pm  
Telephone 8:00am to 4:00pm  
Tel: +30 210 870 4000  
Fax: +30 210 870 4111  
Email: [ae.athens@dfat.gov.au](mailto:ae.athens@dfat.gov.au)  
Website: [www.greece.embassy.gov.au/athn/home.html](http://www.greece.embassy.gov.au/athn/home.html)

### Australian Consulates

#### Thessaloniki, Northern Greece

28 Archaeologikou Mousiou St  
Thessaloniki 546 41  
Monday to Friday: 8:30am to 12:00  
Tel: +30 2310 827 494  
Fax: +30 2310 827 424  
Email: [krd@otenet.gr](mailto:krd@otenet.gr)

#### Sofia, Bulgaria

37 Trakia St  
Sofia 1504  
Office Hours: By Appointment  
Tel: +359 2946 1334  
Fax: +359 2946 1704  
Email: [austcon@mail.orbitel.bg](mailto:austcon@mail.orbitel.bg)

## Hostel Facilities

The hostel is your home during your stay in Athens. To make life comfortable for everyone we would be grateful if you could observe the few guidelines that have been set down.

### Check-In & Check-Out

- Our Check-in times are Monday to Friday 9:00am-5:00pm. You should let us know your estimated time of arrival in advance so that we can meet you at the Hostel and hand over keys. Arrival outside our check-in times will incur a surcharge of 20 AUD or 15 euros payable at the time of booking or on arrival.
- Check-out is at 12:00pm. Please leave your keys on the telephone desk, and simply pull shut the door on your departure.

### Laundry

- For health and hygiene purposes, all Hostel laundry is professionally washed. Please refrain from washing these yourself. If you wish to change your bed sheets, please place them in the basket in the large bathroom. DO NOT PLACE WET LINEN IN THE BASKET OR ANY OTHER ITEMS; THE BASKET IS ONLY FOR USED DRY SHEETS. Leave used towels hanging on the hooks/racks in the bathrooms and they will be picked up separately for laundry. Sheets and towels will be picked up by the housekeeper and taken to the laundromat for cleaning. Fresh linen can then be taken from the cupboard to the right of the large bathroom.
- Dirty kitchen towels should be left on the kitchen benches to be picked up separately. AT NO TIME SHOULD THEY BE MIXED IN WITH THE BED SHEETS AND BATH TOWELS.
- The washing machine is available for residents' personal use. You will need to purchase your own detergent and fabric softener.
- When using the washing machine, please make sure that you empty any pockets in your garments.
- Detergent (powder or liquid) goes in the middle compartment. There is no need to fill the compartment completely.
- Fabric softener goes in the right-hand compartment.

- The best cycle to use is 9. To turn the washing machine on you press the large button in the top right hand corner, to start the cycle you press the smaller button to the left. A copy of the machine's cycles is on top of the washing machine, so you can choose which is most suitable for your load).
- When the machine has finished, the little LED light will remain on and the door locked. Once it starts flashing it will be safe to open the door. Please press the On-Off button to switch the machine off when you have finished.
- An iron and ironing board are kept in the storeroom at the beginning of the hallway to the bedrooms.
- The machine also acts as a dryer. See the cycle manual for instructions.
- Clothes racks are provided for air drying clothes. These are kept in the small storage cupboard to the right of the entrance. Where possible these should be placed on the small balcony overlooking Promachou.

## Hot Water

- Hot water is not automatic. You will need to turn on the hot water heaters on for both the bathrooms and the kitchen. The switches are marked on the main power board for the bathrooms and kitchen (in the hallway). Please ensure that you turn the hot water heater **off before** using the shower for **your own safety**. Leaving the heater on for 30 minutes should heat up a full tank of water. **DO NOT LEAVE THE HOT WATER TO HEAT ANY LONGER THAN 30 MINUTES.**

## Kitchen

- The kitchen light can be found on the remote control attached to the wall by the kitchen door.
- Please wash and dry all dishes after use and put them away.
- Please keep the counters clean.
- Do not place saucepans or baking trays directly onto the counters. Please use a heat resistant cork mat which can be found in the 3rd draw down, to the left of the oven. The counters may look like marble but they are not. Coasters are also kept in this draw.

- Please do not cut anything directly on the counter. Please use the cutting boards provided to chop up food.
- The cupboards above the counter on the right hand side of the kitchen have each been numbered according to your room number, as have the shelves in the large fridge. Anything that cannot fit on your shelf in the fridge should be labeled with your name and placed in the door. Any bottles and other tall items that do need to be in the fridge and do not fit in your cupboard can be placed on the benches with your name on them. Any items that are not labeled may be assumed to be for communal use.
- **Please empty out your cupboard and fridge shelf when you leave. Anything that can be used please place on the common food shelves to the left of the door or in the smaller fridge. All perishable items must be thrown out.**
- Please keep the oven and ceramic cook top clean (wipe down after each use, with the special cleaner kept by the cook top).
- The smaller fridge in the kitchen alcove is for AAIA use only.
- Storage containers are kept in the cupboard under the counter to the right of the dishwasher.
- Please take the rubbish down to the large wheeled bins on the street when the bin is full.
- There are 2 recycling bins under the sink, one for paper and the other for glass and plastic. When these are full **please** take them to large **blue-wheeled** bins on the street.
- Cleaning products are kept in the draw under the dishwasher.
- Garbage bags, cling-film and aluminium foil are kept in the bottom draw to the left of the oven.

## Breakfast items

- The Institute provides breakfast items for all guests to share. Upon arrival, guests receive a complimentary bottle of water and a juice box on their assigned fridge shelf. Tea, coffee, and sugar are found on the shelves by the stove next to the kitchen entrance. All items on these shelves are for communal use. Honey, jams, *fryganies* (rusks), and cereal are placed on the main bench in the kitchen. Single-serving milk portions for tea and/or

coffee and single-serving butter portions are located in the fridge door. Please note, because of individual dietary needs, we do not supply regular size milk or butter. Fruit of the season is provided in the glass drawer at the bottom of the fridge. Please, respect other guests and make sure that after serving yourselves you put everything back in the right place, properly sealed and covered. There should be enough items in stock for a 3-day stay, but do alert us if there is a shortage or if items must be replaced.

## **Bedrooms & Bathrooms**

- Please keep your bedroom tidy and clean.
- Sheets, towels and pillowcases are provided by the Institute and must be used. These are kept in the cupboard to the right of the large bathroom.
- Towels are **not to be taken to the beach**.
- Please store your bags and suitcases in the cupboard. Please do not place your suitcase directly on the bedspread.
- Food and drink (water excepted) is not to be consumed in your bedroom.
- The bedrooms are equipped with air conditioners. Please remember to switch them off when not in your room and in the hostel.
- Please do not leave your belongings on the floor of your bedroom as it makes it harder for the cleaner.
- It would be appreciated if you use moderate amounts of toilet paper as the toilets are prone to blocking due to the limitations of the Athenian plumbing system. All other items should be placed in the receptacle provided.
- Toilet paper is kept in the cupboard to the right of the small bathroom.
- Make sure you switch on the hot water for a few minutes before your shower and then switch off before use. On your departure, make sure the hot water is switched off.



## Internet & Computer Equipment

- Free wireless internet is provided at the hostel. Should you choose to use the hostel internet you are automatically agreeing to comply with the University of Sydney Information Technology Policy, a copy of which is provided next to the computer.
- The wireless network key is available from the hostel manager.
- A printer/copier/scanner is available for your use at no additional charge. We ask however that you provide your own paper. The login and password for the laptop are available from the hostel manager.
- Please inform the office when the ink cartridges are running low or need replacing. A spare set of ink cartridges are kept in the drawer of the telephone desk.

## Telephone

- Local calls and local mobile calls can be made free of charge.
- Long distance, International and Mobile calls can be made using a calling card, which can be bought from the kiosks (*periptera*).

## Common Areas

- All personal items, such as footwear, clothing and carry bags, must not be left in the common area, but kept in your bedroom.
- Smoking is allowed only on the main balcony and not inside. Please use the provided ashtrays in the kitchen and ensure that they are cleaned and put away after use.
- Please ensure that after use the outdoor cushions are returned to their storage place in the first inbuilt cupboard to the right of the main balcony.
- In the best interest of hygiene, food and drink should only be consumed in the common areas and preferably not in the bedrooms or the library area. If taking a beverage into the library please take a coaster from the 3rd draw down for the table.

## Library

- All books in the library **MUST** remain in the library. Guests are welcome to use them, but they must take enormous care when handling them. Books are grouped according to subject.
- Please return books where you got them from, or if unsure, place them on the lower shelf labeled “Books to be Shelved” in the library area, or on one of the free desks, and we will put them in the right place.
- Please do not leave books in the sitting room area. If still in use by a reader they can be kept out on a desk in the library area. **Library books should not be taken outside the hostel premises.** Non-library items, such as general interest books, novels, and magazines found in the sitting room should not be mixed up with library books.
- The Institute always welcomes donations of relevant, serious books and we like to acknowledge these in writing. Please let us know if you are leaving a donated book in the hostel for the library.
- Please let the office know if you discover that a book has been damaged or does not appear to be catalogued.

## Heating and Cooling

- Fans are provided in each room and in the library and common areas during the summer, and heaters in the winter.
- The bedrooms are equipped with air conditioners. Please remember to **switch them off** when not in your room and in the hostel.
- The apartment is centrally heated in winter. The heating is usually turned on for a few hours in the morning and in the evening. All the apartments in the building are heated at the same time, therefore we cannot choose when to turn the heating on and off. The heaters can be used whenever is necessary.

## District Information

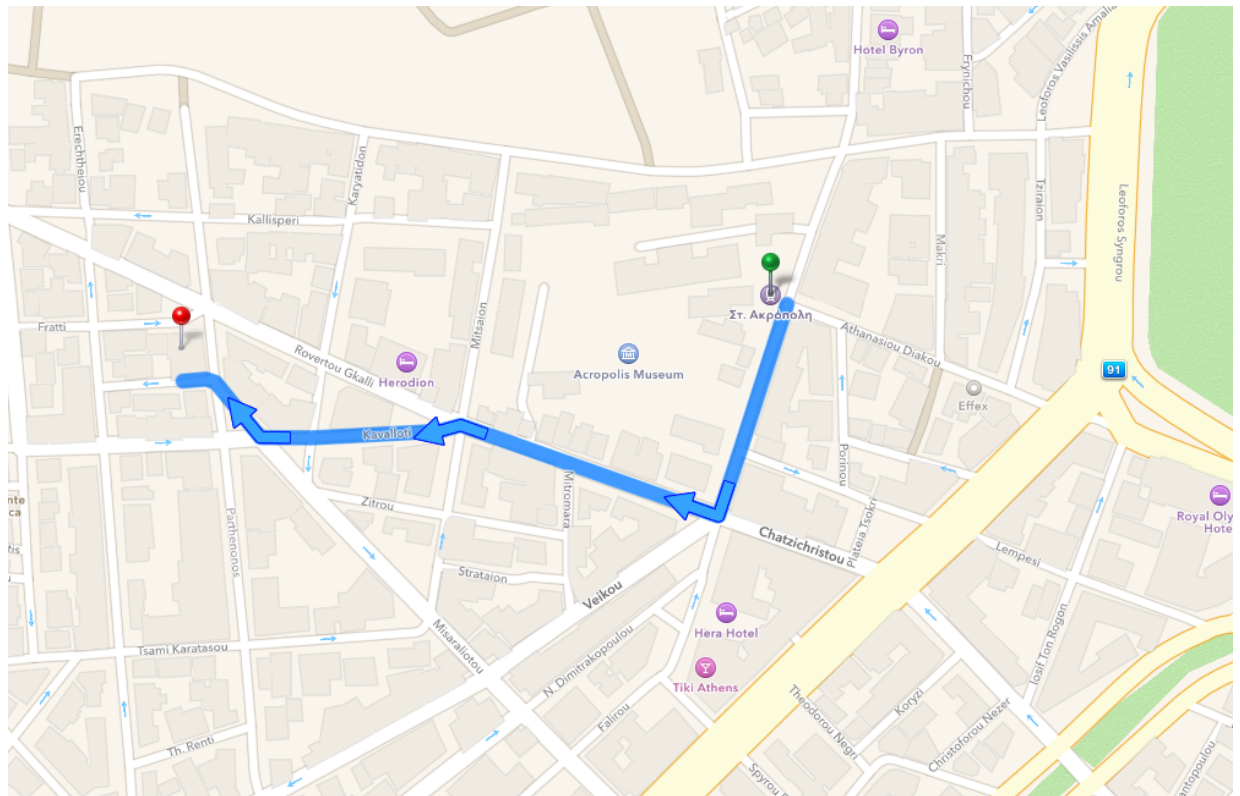
### Athens Metro System

- There are 3 Lines on the Athens Metro System:  
Green (Line 1)  
Red (Line 2)  
Blue (Line 3)

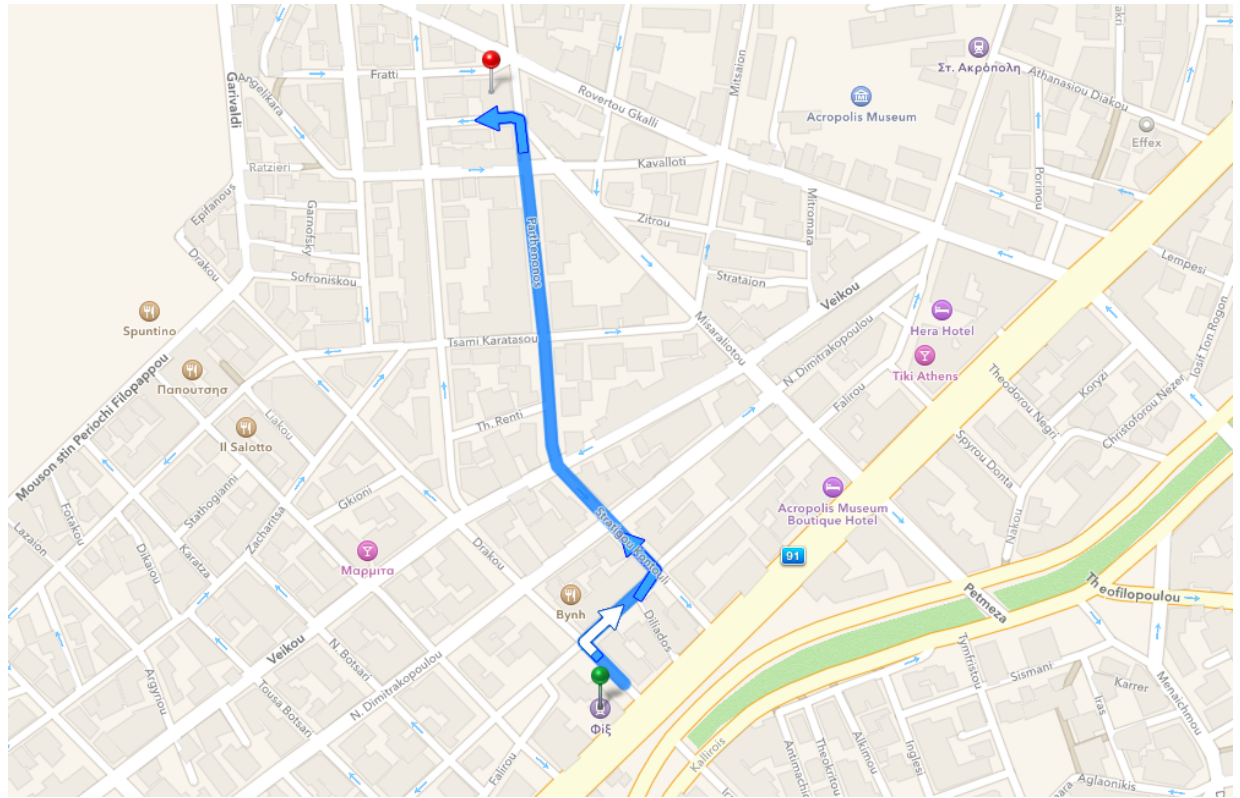
### Metro Stations

- The closest metro stations to the Hostel are **Akropoli**, located just next to the new Acropolis Museum, and **Syngrou-Fix**, heading straight down Erechtheiou St to Drakou and at the end of the paved area. Both these stations are on the **Red Line (Line 2)**.

### AKROPOLIS METRO STATION TO HOSTEL



## SYNGROU-FIX METRO STATION



- There are a few options when it comes to tickets as the system is organised by time rather than zones, except for the airport tickets, which cost more. All tickets are valid for all forms of transport, trains, buses and trolley buses. A ticket for 90 minutes is 1.40€, a 24 hour ticket is 4€, a 5-day ticket is 10€, a 3-day tourist ticket is 20€ including a round trip from and to the airport and a monthly ticket is 30€. You must validate the tickets in the machines before arriving at the platform and keep them with you until the end of your journey. Fines are up to 60 times the cost of the ticket.
- The first trains on all the networks leave their point of origin at 5.30 am and the last train is 00.08, except on Friday and Saturday night when the last trains vary between 2 am and 2.15 am.
- All this information can be found at [www.stasy.gr](http://www.stasy.gr)

## Airport Transfers

- Going to the airport by metro is an easy and cheap option. From Akropoli metro station (Red Line) you go one stop to Syntagma where you change

to the Blue line heading to the airport. There is a train from Syntagma to the airport every 30 mins, they leave at 4 mins and 34 mins past the hour. The journey time is roughly 40-50 mins. The first one leaves Syntagma at 5.37 am and the last at 23.04 pm. The price of a ticket is 10€.

- A taxi should cost (during the day) at the most 45€, in the evening up to 60€.
- It is also possible to catch the airport bus X95 which leaves from Syntagma, next to the square on the right, Othonos St. This is an alternative option when there is a metro strike. It can take up to 90 mins depending on the traffic but is usually between 50 to 70 mins. There is a bus every 15 mins and they run 24 hours a day. The price is 6€.

## **Restaurants**

- There are many restaurants located in the local area around the Hostel. Along Makriyianni St, where the Akropoli metro exit is, there are numerous cafes and restaurants, also along Drakou St, a pedestrianised area leading up towards the Hostel from Syngrou-Fix metro station. A short walk away in Plaka, Monastiraki and Syntagma, a variety of Greek and foreign restaurants can be found.

## **Markets**

- The local fresh produce market is on every Friday, except for public holidays that happen to fall on a Friday. In winter from November through to April/May it is located on Zacharitsa St, just outside the office and stretches down the length of the street. In summer May/June through to October it moves further down to Matrozou St.

## **Supermarkets**

- The closest, MY MARKET, (closed on Sundays) is on Parthenonos St. down the hill on the left hand side of the street in the block beyond the Divani Hotel. There is also a small OK Anytime (open on Sundays and to 11 every evening) on Mizaraliotou St, just opposite the bakery.

## **Bread**

- The closest bakery (and one of the best in Athens) is Takis, located on the corner of Mizaraliotou and Zitrou Streets. There is another, Tzatzos, located on Veikou St next door to the police station.

## **Wine Shop**

- The closest is located around the corner on the right, from the supermarket, on Veikou Street.

## **Post Office**

- There are two locally: one in Veikou Street (cnr. Zinni Anast.) and the other on Dionysiou Areopagitou (near cnr Makriyianni St, next to a taverna).

## **Banks**

- There are many ATMS around the area, close to Syngrou-Fix Metro and in Plaka. There are a number of bank branches along Syngrou Avenue and Veikou Street.

## **Kiosks (Periptera)**

- These are found everywhere and sell newspapers, magazines, post cards, matches, lighters, phone cards, transport tickets, cold drinks, milk and many other small items. Most are open quite late.

## **Taxis**

- Hostel address is Promachou 2, corner Parthenonos
- Athina Ena 210 921 2800
- Protoporeia 210 222 1623

## **Travel Agents**

- Viamare Travel Agent can be found at Mizaraliotou 2, on the corner at the lights, tel no: 210 922 8930/32, [www.viamare.gr](http://www.viamare.gr).

## Emergencies

We hope that your stay with us is comfortable but there are occasions when something will happen that is out of our control. Listed below are numbers for emergency services and also for maintenance. If you find an issue that needs to be fixed please email [aaia@otenet.gr](mailto:aaia@otenet.gr) , or if it's something urgent, call Lita Tzortzopoulou-Gregory +30 6945 742 113.

**European Emergency Number (Police/Medical/Fire): 112**

**Emergency Line (Police): 100**

**(Tourist Police): 171**

**(Fire Brigade): 199**

**(Ambulance): 166**

**Plumber:** Mr Stamatis tel: 210 924 3950, mob: 6977 656 667

Mr Bokas tel: 210 922 4359, mob: 6974 395 959

**Electrician:** Mr Synglitos tel: 210 923 0816, mob: 6944 738 322

**Emergency Tradesmen (out of hours): tel: 181920**

## First Aid

A full First Aid Kit is located in the kitchen, on top of the fridge.

## Fire

In case of a fire please call emergency services and evacuate the building. The marshalling point is around the corner from the hostel on the corner of Parthenonos and Rovertou Galli.

There is a fire blanket in the kitchen on the second shelf from the top of the common food shelves.

Fire extinguishers are placed in the kitchen and in the hallway area of the bedrooms.

## English Speaking Medical Service

The following number will connect you with SOS Doctors

**1016**

This is a 24 hour/365 days a year service offered by a group of independent specialist doctors and office staff who have been operating in Greece since June 1993. It works according to the principles of the French organisation, SOS MEDECINS. You should be aware that in Greece a General Practitioner is a “Pathologos” and should be consulted initially for a diagnosis. There are 100 doctors listed from all areas of specialization. The doctor will make a house call, and if the matter is of extreme urgency but not with a certain need for hospitalization, will come as quickly as possible. Should you need a doctor, and your regular doctor is not available when needed, this group offers the following services:

1. To come as quickly as possible to the patient.
2. To remain with the patient until the crisis has passed, administering necessary drugs.
3. To arrange a transfer of the patient to hospital by ambulance if he/she feels this is necessary.
4. To confer with other doctors known to the patient or the family doctor.

The charges (at November 2010) for the services are as follows:

EU75 for visits between 7am and 10:30pm Mondays to Fridays

EU80 for visits between 7am and 10:30pm on weekends

EU90 for visits between 7am and 10:30pm on public holidays

EU100 for visits between 10:30 pm and 7am at night all week

There are additional charges for any specific tests the doctor has to carry out, you can check this out at <http://www.sosiatroi.gr/en/services-pricelist.html>  
SOS Doctors provides an official receipt for insurance purposes

Also provided below is a list of doctors that have given their names and contact details to the Australian Embassy in Athens. Please note that the Embassy assumes no responsibility or guarantee for the actions, service, performance or fees of those included in the list.



**Cardio-Thoracic Surgeons**

Dr Condaxis  
105-107 Vas. Sophias Ave, 115 21, Athens  
210 643 2128 / 210 686 7172 (w)

**Cardiologists**

Prof Aravanis  
47 Vas Sofias Ave, 106 76, Athens  
210 721 5497 (w)

Dr L Anthopoulos  
10 Ravine St, 115 21, Athens  
210 721 8047 (w)

Dr X Costeas  
5 Sekeri St, 106 71, Athens  
210 722 1001 / 210 362 1037 (w)

Dr A Dontas  
1 Stisihorou & Mourouzi St, 106 74, Athens  
6932 716555 (m)  
210 722 8239 (w)

Dr Dem Fassitsas  
Vas Sofias & 1 Ventiri St  
210 723 5201 (w)

Prof E Voridis  
47 Vas Sofias Ave, 106 76, Athens  
6944 507416 (m)  
210 721 6789 (w)

Dr P Zoumis  
69 Papagou Ave, 157 21, Athens  
210 778 2850 (w)

**Chiropractic & Physiotherapist**

Dr George Prorellis  
25th March & Kalogrezas 13  
2nd floor  
Kendriki Platia (Agios Nikolaos)  
Chalandri 152 32  
210 684 7871 (w)  
6945818263

**Chiropractors**

Dr V Maltezopoulos  
49 Kiprou St, 166 74, Glyfada  
210 894 5700 (w)

**Dermatologists**

Dr Em Aronis  
45 Karneadou St, 106 76, Athens  
210 722 1547 (w)

Dr Georgia Avgerinou  
119 Vas Sofias Ave, 115 21, Athens  
210 646 0647 (w)

Dr C Karkavitsas  
31 Kifissias St, Ambelokipi  
210 643 3530 / 210 6825707 (w)

Dr A Vareltzidis  
4 Aeginitou St & Vas Sofias Ave, 115 28, Athens  
210 722 5658 (w)

**DNA Testing & Forensic Medicine**

-Dimitrios G. Vlachodimitropoulos, MD, PhD

-Nikolaos D. Goutas, MD, PhD

-Stavroula A. Papadodima, BiolD, MD, PhD

**Office Details**

**Arachovis 20, PO Box 10680, Neapolis  
Exarchion, Athens**

**Office Tel. Number: 2103633407,  
2103633409, 6957772548**

**Fax Number: 2103633419**

**Email Address:**

[forensicadvice@gmail.com](mailto:forensicadvice@gmail.com)

**Endocrinologists**

Dr Alevizaki  
49-51 Ipsilandou St, 115 21, Kolonaki  
210 775 2610 (w)

Dr St Grigorakis  
49-51 Ipsilandou St, 3rd fl, Kolonaki  
210 725 8736 (w)

Dr Dim Linos

227 Kifissias Ave, Athens  
210 612 5001/3 (w)

Dr Ch Tassopoulos  
53 Ipsilandou St, Kolonaki  
210 723 0206 (w)  
210 682 7940 (Ygeia Hospital)

Dr G Tolls  
Ippokration Hospital  
  
210 779 9648 / 210 777 4601 (w)

### **Gastroenterologists**

Dr Chr Feretis  
16 Patriarchou Ioakim St, 106 76, Athens  
210 686 7509 (am)  
210 721 7572 (pm)

Dr E Mallas  
54 Vas Sofias Ave, 106 76, Athens  
210 724 8301 (w)  
6944566121

Dr Con Petropoulos  
35 Vas Georgiou & Valaoritou, 152 32,  
Halandri  
210 684 1365 / 210 685 2360 (w)  
210 682 7940 (Ygeia Hospital)  
210 680 0810 (f)

Dr Char Vissoulis  
47 Skoufa, 106 72, Athens  
210 363 8857 (w)  
210 682 7940 (Ygeia Hospital)

### **General Medecine**

Dr M Loudaros  
36b Kyriazi St, 145 62, Kifissia  
210 801 0896 (w)

Dr D Myrogiannis  
46A Metaxa St, Fl 2, Glyfada  
210 894 1100 / 210 894 1700 (w)

Dr P Raftopoulos  
43 Mihalakopoulou St, Ilisia  
210 722 3945 (w)

Dr N Skiriotis  
35 Patriarchou Ioakim St, 106 75, Athens  
210 721 1814 (w)

Dr M J Teale  
17a Himarras St, Lofos Skuze  
210 894 0353 (w)

Dr Venos Vlondis  
9B Valaoritou St, Rm 47, Fl 6  
210 361 4138 (w)

### **General Surgery**

Dr D Botseas  
8 Marni St, 104 33, Athens  
210 822 9033 (w)

Dr A Mouhtouris  
15 Dimitriou Soutsou, Mavilli Sq  
210 646 0570 (w)

Dr Th Segditsas  
54 Vas Sofias Ave, 115 28, Athens  
210 724 5300 (w)

### **Haematologists**

Dr Sot Iatridis  
36 Karneadou St, Kolonaki  
210 722 5054 (w)

### **Internal Medicine**

Dr Caralis  
22 Loukianou St, 106 75, Athens  
210 721 1749 (w)  
210 682 7940 (Ygeia Hospital)

Dr P Filalithis  
180-182 Kifissias St, Psychico  
210 674 4125 / 210 672 6372 (w)

**Microbiologists**

Dr A Ifantidis  
32 Akadimias Ave, 106 72, Athens  
210 363 7874 (w)

Dr V Mai-Kanaka  
52 Kifissias Ave, 115 23, Athens  
210 777 9920 (w)

**Neurologists**

Dr Mikropoulos  
41 Ipsilandou St, Kolonaki  
210 721 7727 (w)

Dr Soldatos  
3 Pellinis St, Patissia  
210 725 8582 (w)

**Obstetricians-Gynaecologists**

Dr Ch Bitsaktsis  
90 Vas Sofias Ave, 115 28, Athens  
210 777 6939 / 210 775 6891 (w)  
210 692 9373 (Leto Hospital)

Dr Yiannis Dimitriadis  
M. Botsari 11, Glyfada  
6937 131177 (m)  
210 894 4320 (w)

Dr S Dimitrouleas  
109 Kifissias Ave, 115 24, Athens  
210 692 2820 (w)  
210 807 7933 (Iaso Hospital)

Dr K Georgoudzos  
8 Karneadou St, 106 75, Athens  
210 721 7232 (w)  
210 686 9000 (Mitera Hospital)

Dr A Komninos  
109 Kifissias Ave, 115 24, Athens  
210 692 2820 (w)  
210 807 7933 (Iaso Hospital)

Dr N Linardos  
15 Karneadou St, 106 75, Athens

210 722 3140 / 210 722 0140 (w)

Dr N Moutousis  
15-17 Alkyonis St, Paleo Faliro  
6944 422024 (m)  
210 984 6464 (w)

Dr G Pistofidis  
38 Nikis St, 151 23, Marousi  
6944 323648 (m)  
210 685 6290 (Centre of Gynaecological  
Endoscopic Surgery)

Dr N Procopiou  
31 Aristofanous & Socratous, 152 32,  
Halandri  
210 681 6386 / 210 681 5032 (w)

Dr E Siganos  
8 Kanari St, 106 71, Athens  
210 362 8702 / 210 807 2478 (w)  
210 692 9373 (Leto Hospital)

Dr S Zervoudakis  
31 I Metaxa St, Glyfada  
210 894 6485 (w)

**Oncologists**

Dr Denis Razis  
12 Rigillis St, 106 74, Kolonaki  
210 721 6993 (w)

**Ophthalmologists**

Dr C Aposkitis  
29 Didotou St, 106 80, Athens  
210 362 4962 (w)

Dr I Economidis  
122 3rd September St, 104 34, Athens (5th  
Fl)  
210 881 2919 (w)

Dr Sp Galinos  
6 Ravine St, 115 21, Athens  
210 722 7173 (w)

Dr Sp Georgaras  
13 I Metaxa St, 166 75, Glyfada

210 894 0904 (w)  
210 682 7940 (Ygeia Hospital)

Dr Eric Papaspiliou  
104 Vas Sofias St, 115 27, Athens  
210 777 5559 (by appointment)

### **Opticians**

Dr A Papadiamandopoulos  
22 Patriarchou Ioakim St, Kolonaki  
210 724 3564 (w)

Dr M E Skoutari  
25-29 Panepistimiou St  
210 323 5131 (w)

### **Paediatrics**

Dr Z Iliodromit  
58-60 G Auxentiou St, 157 71, Zografou  
210 775 3725 (w)

Dr Panagopoulos (neonatology)  
9 Argyropoulou St, 145 62, Kifissia  
210 808 0738 (w)

Dr Th Thomiadis  
6 Milioni St, Kolonaki  
210 361 5168 / 210 721 5987 (w)

### **Physical Therapists**

Dr S Glycofridis  
93 Kifissias Ave, Athens / 34-36 Saki  
Karagiorga St, Glyfada  
210 691 0402 (Athens), 210 964 6242  
(Glyfada)

Strat Kalambokis  
Physiotherapist  
Ph : 6946950258  
specialisation in adult and paediatric  
neurological conditions

### **Poison Control Centre**

This service is in English and it provides  
only general information for poisoning.  
210 779 3777

### **Psychiatrists-Psychologists**

Dr A Armatas  
9 George St, 106 82, Athens  
6944 271988 (m)  
210 380 8656 (w)

Dr Betty Evans  
50 Bizaniou St, 166 73, Voula  
210 895 6021 (w)

Dr J Jackson  
28 Potamou Kalama St, Halandri  
210 685 1900 (w)

### **Pulmonary Medicine**

Dr P Behrakis  
Henry Dynan Hospital  
210 697 2969/70 (w)

### **Rheumatologists**

Dr T Spiliotis  
53 Ipsilandou St, 115 21, Athens  
210 722 6373 (w)  
210 642 8538 (emerg)

### **Speech Therapists**

Dr Athina Makrynioti  
139 Vouliagmenis Ave, 166 33, Voula  
210 701 5591 (w)

### **Urology**

Dr V Samelas  
25 Vas Sofias Ave, 106 75, Athens  
210 722 0360 (w)  
210 686 7133 (Ygeia Hospital)